

Vol: 62 - November 2024



Happy Diwali



# Jyoti Kalash

तमसो मा ज्योतिर्गमयः

Newsletter of Shri Sanatana Dharma Vidyalaya Association Schools



Sports Day Celebration



Annual Day Celebration



Carrom - Inter School Competition Inauguration



Chess - Inter School Competition Inauguration



Master Mind 2024 - Lamp Lighting



Master Mind 2024



**SHRI SANATANA DHARMA VIDYALAYA ASSOCIATION (Estd. 1919)**

Managing Body :

**S.S.D.V. Mat. Hr. Sec. School, (for Girls) Chennai - 79. (Estd. 1919)**

**M.F.S.D. Hr. Sec. School, (for Boys) Chennai - 79. (Estd. 1960)**

**K.A. Bal-Niketan Nursery Primary School, Chennai - 79. (Estd. 1962)**

**Shakthi Public School - Co-Education Unit, Tiruttani Taluk - 631 209.**

# 17/26, Mangappan Street, Sowcarpet, Chennai - 600 079.

Ph.: 044 - 25382972, 48582972, E-mail : ssdvassociation@gmail.com



## From the Chairman



Our Schools have demonstrated exceptional prowess in Academic and extracurricular endeavors during the third quarter.

Noteworthy accomplishments include KAB School's participation in the esteemed "Go Green Rally" and the inaugural launch of the Co-Curricular Activities (CCA).

'MFSD's Babulal secured I prize in the Anuvrat Drawing Contest 2024-25, progressing to the National level in Surat, while Shubam garnered I prize in drawing competition conducted by Shree Geeta Bhavan. Furthermore, MFSD students amassed an impressive 43 Prizes in the North Chennai District Zonals.

SSDV's Mind Fest educational exhibition proved remarkably successful, yielding numerous accolades across various events and a triumphant I prize in the 100m running race at the Rajat Olympiad.

SPS's Kishore Kumar and D. Santosh distinguished themselves through selection for a national-level essay writing contest and outstanding performance in interschool volleyball and silambam, respectively.

**Congratulations are extended to the Headmaster of MFSD and eight esteemed educators from MFSD and SSDV, recipients of the coveted "Best Teachers' Awards" from renowned institutions**

  
**Dr. R.K. Jhaver**

Warm Greetings to all

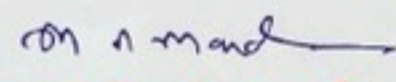
## Editorial



"Atomic Habits" the topic of this Jyoti Kalash Magazine deals with Self-help, Personal Development.

We invite you to discover the transformative power of Atomic Habits. This inspiring concept, helps you in building good habits and breaking bad ones. It offers actionable strategies which provides a step-by-step action everyday into significant improvements. Make good habits obvious, attractive, easy and satisfying.

I encourage you to harness the transformative power of atomic habits. These small, consistent practices will propel you toward extraordinary achievements.

  
**M.P. Marda**

## Editorial Panel

## Editors

### MFSD



Sri Vijay Kumar Maheshwari



Sri Anantha Krishnan



Sri R.C. Daga



Smt. Meethu Sahadev

### SSDV



Sri S.P. Baheti



Smt. S. Latha

### SPS



Sri S.M. Damani



Smt. Yadla Nagalakshmi



**M.P. Marda**  
Chief Editor

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C. Rajakumari



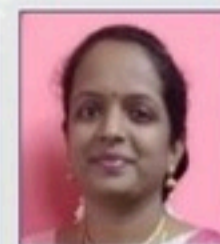
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Chethanaa



K. Bharathy



Vini Jaisingh



J. Vinay Kumar



E. Nandhini



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Constitution, Education  
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**Shri Shree Mohan Damani**  
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Finance & Taxation Committee

**Correspondent / Secretary**



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**Shri Vijay Kumar Maheshwari**  
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**Shri R.C. Daga**  
KAB  
Cultural Committee



**Shri Shree Mohan Damani**  
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**Smt. S. Latha**  
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**Sri Anantha Krishnan**  
MFSD



**Smt. Meethu Sahadev**  
KAB



**Smt. Yadla Nagalakshmi**  
SPS

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**Convenor/Co-ordinator**



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**Shri Giriraj Ratan Bagri**



**Shri Nitin Daga**



**Shri Pradeep Choradia**



**Shri Purshottam Das Sewag**



**Shri Srawan Kumar Todi**



**Shri Srinivas Srimali**



**Shri Sunil Kumar Daga**



**Shri Venkatesh Dahima**



**Shri Vishnu Kumar Rathi**



**Shri Vithal Das Sehwa**



**Shri Ashok Kedia**  
Finance & Taxation  
Alumni



**Shri Laxmi Narayan Kakada**  
Alumni

**Special Invitee**



**Shri Suresh Kumar Kothari**  
Finance & Taxation



**Shri Anil Dalal**  
Sports Committee



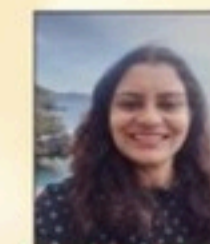
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**Shri Anshul Agarwal**



**Smt. Manju Sarda**  
ECA Committee



**Smt. Santhosh Bisani**  
ECA Committee



**Shri Ajay Kumar Nahar**

## GANESH CHATURTHI CELEBRATION



Ganesh Chaturthi was celebrated on 7.9.24 with all 4 Schools to-gether. A magnificent Bronze Ganesh Idol was donated by Sri A. Krishna Kumar P.G. Asst., (Physics). Correspondent, Headmaster, Board members Teachers and Students graced the function.

## PRAGATI



MFSD School successfully hosted Pragati 2024, an Inter School Competition, on July 19, 2024, at its Prayer Hall. The event saw 383 students from 29 schools participate in six exciting competitions - Mime, Singing, Shipwreck, Shark Tank, Debate, and Drawing. Inaugurated by **Ganesh Murthi Prathishta** and declared open by Joint Secretary Sri Arun Mimani, the program featured an inspirational speech by Correspondent Mr. Vijay Maheshwari. The collective effort of staff, participants, and management ensured a seamless and successful event, making Pragati 2024 a grand success.

## ANNUAL DAY CELEBRATION 2024



The 103rd Annual day celebration of SSDV group of schools was held on 1st Sep'24 at the Music academy. The Chief guest was a psychiatrist **Dr. KANNAN GIREESH**. He gave a wonderful speech in which he described his own life experience to young minds to build confidence in every action. Medals, Trophies and certificates were given to the outstanding academic performance. 200 students of all our four schools portrayed the life history of Meerabai.

## SPORTS DAY 2024



The 103rd Annual sports meet of the SSDV Association group of schools was organized on 3rd August 2024, Dr. S. Santhosh Baboo, Principal of DDGD Vaishnav College and Smt. Vimala Damani, Vice President, All India level Rashtariya Mahila Samiti were the Chief Guests and both have delivered a thought provoking message to the audience. Winners were awarded with Medals and Certificates.

## CHESS AND CARROM INTER SCHOOL COMPETITION



MFSD proudly hosted the Inter-School Chess and Carrom Tournament with the support of management, which witnessed the overwhelming response and unprecedented participation and enthusiasm. **Shri NAWAL KISHORE RATHI MD – GBR Steels Pvt. Ltd.**, was the Chief Guest. 66 schools with 346 participants showcased their skills. The tournament was incredibly well-organized by Shri. Anil Dalal Sports Co-ordinator-MFSDHSS. Trophies, Cash Prize was awarded.

## Master Mind 2024: Intra and Inter School Quiz Championship



On November 9, 2024, the "Master Mind 2024" Intra and Inter School Quiz Championship was held at DG Vaishnav College in Chennai. Organized to showcase students' wide-ranging talents, the event featured participation from schools within the SSDV Association Unit – SSDV, MFSD, KAB, and Shakthi Public School – and 14 other institutions competing at the interschool level. The program was led by Rajesh Khatar and his dedicated team, attracting participation from a total of 16 schools.



**Hm's Desk:** Warmest wishes to all, Heartfelt Congratulations to the Students! for the outstanding achievement in various competitions. Triumphs in sports exhibits your commitment and sportsmanship. A sincere appreciation to the Exceptional Educators! Dear Students you hold the power to shape your destiny. Cultivate atomic habits, unleash your potential and achieve greatness! small actions today =Significant impact tomorrow.

**Keep shining, and I wish you continued success!**



"Hearty congratulations to **Shri Vijay Kumar Maheshwari** on his re-election! We warmly welcome you to continue leading our institution with vision and excellence."  
We are delighted to Welcome **Shri Vijay Kumar Goyal** as our new President. Sir's passion for education and leadership is truly inspiring.



**Free Bicycle Distribution Program:** Honorable Minister of Hindu Religious & Charitable Endowments TamilNadu Shri. Sekar Babu Launches Initiative to Empower Students and promoting sustainable transportation by distributing free Bicycle on 19.9.24 for Higher Secondary Students



**78th INDEPENDENCE Day and Alumni Meet 2024** MFSD Alumni Sri. C. Naghadatha B.Tech., Co-Founder of Jupiter Edu Arts hoisted the National Flag followed by the Alumni Meet 2024



### Drawing Competitions

**Parambarium 24** conducted by Maharishi Vidya Mandir, Choolai **Babulal of 9 C** won I prize in Leaf Art Competition.

**Anuvrat Contest 2024-2025 - Babulal D of 9A** won I prize in Chennai State level. He is participating in National Level at Surat.

TN Govt. Music College R.A. Puram - Babulal D of 9 A won III prize.

**Shree Geeta Bhavan Trust - Shubam D of VIII** won I Prize and Babulal D of 9A won II prize

**Mahatma Gandhi Mega Drawing Competition - Bharat D of XI** won III prize

**Teachers Day Celebration** Teachers were felicitated with Awards. The Chief Guest **Smt. Uma Devi**, Additional Commissioner Labour Dept. delivered a motivational address. Students showcased their talents through dance and MIME, expressing gratitude to their teachers. PTA members organized an entertaining program to express gratitude and appreciation for the Teachers'



**Hindi Diwas** was conducted by Kola Saraswathi School. Our Students won  
II prize in **Mono Acting**  
III prize in **Nukkad Natak**  
II prize in **Adzap**



**Jwala 24** conducted by Terapanth Jain Vidyalaya our Students won **I place** in Rajasthan Dance, Sizzle and Stomps (Disco), Twist Tune (Adapt Tune) and Adzap **III place** in Drama **Over all Runners**

**On Perarignar Anna Piranthanal** Tamil Oratorical Competition was conducted by TN Govt. on 13.9.24 at Ambedkar Govt. College. Our Student Sarabesh of 11A won the I prize and a Cash award of Rs. 1000/-



**NOBEL Education Centre** conducted **Talent Hunt 2024** in which 70 of our Students participated and won prizes in Drawing, Handwriting, Essay writing and poetry writing

**KAB Fashion Fiesta 2024 - 25** was conducted on 13.9.24. Our Students won 1st prize



**Zonal Winners Total No. of prizes - 43**  
**Gold-6, Silver-25, Bronze-12**

Out of 24 Schools North Chennai level our Students secured Over all II position in Games and track and field In **Senior Category Eshwar Singh of 11 B** won individual Championship. **Super Senior Category Hriday of 12 B** won individual Championship.



## SHRI KANAIYALAL AGARWAL BAL-NIKETAN NURSERY & PRIMARY SCHOOL

No 6, Chinnanaickaran Street, Sowcarpet, Chennai - 600 079.



**Hm's Desk:** "Education is not just about going to school and getting a degree". It's about widening your knowledge and absorbing the truth about life. People, through their thirst for knowledge, have created the world around us. Education is the source of almost everything. Knowledge has given us what we have, and it will continue to turn things in our favor if we use it in the right way.



- **International Yoga Day** 10th International Yoga Day was conducted with Parents & students and performed yoga asana. Nearly 50 Parents & children participated and received medals.
- **Agar Fest 2024 Interschool Competition** conducted by Agarwal Vidyalaya with Competitions like Memory Game, Drawing & Thirukkural Recitation.
- **Aksharabhyas** was performed for the kids of kindergarten. Children wrote OM with akshat. Slates were sponsored by Lions Club Fort St. George to all the children.
- **Karate Championship** by Tamil Nadu State Karate Do - Association for Sub-Junior Category at D.B. Jain College. Students of Std IV & Std V Participated.
- **Go Green Rally** Project was organized by Smt. Bhavana Trivedi Lions Club. Fort St.George at St.Thomas Arts and Science College at Koyambedu. Nearly 15 students dressed up as fruits, trees, flowers etc. participated in March.
- **Pragati 2024** Interschool competition conducted by MFSD school for Sub Junior Category. Shreyashi Maity of Std V participated in drawing competition & Anwasha of Std IV participated in singing competition.
- **Inaugural of CCA & Swearing in Ceremony** was conducted. Children displayed charts and models, also performed a general concept department wise on stage. The newly elected captains were given their portfolio badges.
- **103rd Annual Sports Meet** of S.S.D.V. Group of schools was held at J.N Stadium. The tiny tots of Kindergarten started the March past followed by the Cubs & Bul-Bul for the first time and Juniors & Seniors of four schools. Karate Display and Silambam were performed by the students. Prizes for the events conducted and Endowments Trophies were given to the winners.
- **78th Independence Day** was celebrated on 15th August. Lion Dr.S. Adhiappan Retd. Headmaster of MFSD was the Chief Guest for the Function.
- **Janmashtami Celebration** was held on 24th August 2024. The Chief Guest was Mrs.Pushpa Mundhara social worker. Involvement of parents, Grandparents & Students for Janmashtami is done every year. Mehendi, Foot Impression, Games, Ramp walk were conducted for Parents & Grand Parents.
- **Rajat Olympiad 2024** Rajasthani Association conducted Olympiad for 2nd year on 25th August 2024 at Nehru Stadium. Cubs & Bulbul participated in March Past. Students won prizes in fruit gathering, Running Race and Sack Race.
- **103rd Annual Day Celebration** by SSDV Group of Schools was celebrated at Music Academy on 1st September the Theme for the cultural was Meera Bai. 60 students participated and gave their wonderful dance performance. Class Toppers of 2023-24 were awarded by Silver Medal & Certificates.
- **Teachers Day** was celebrated in the school premises. Fun frolics and Task was given to teachers.
- **Ganesh Chaturthi** was a joint celebration of SSDV Group of Schools at MFSD. Students performed Slokas, Bhajans & Tamil Skit.
- **Indian Fashion Fiesta** RAMP WALK Intra school competition of SSDV Group of Schools hosted by KAB. The Competition was under 3 category Sub-Junior I - III std, Junior IV- V & Senior VI to IX each category were given the theme of State for Ramp walk, Highlights of the State, Singing and Dancing state language. Students received cash prize & Certificate for Winners, Runners & Consolation.



# SHRI SANATANA DHARMA VIDYALAYA MAT. HR. SEC. SCHOOL

No 358, Mint Street, Sowcarpet, Chennai - 600 079.



**Principal's desk:** Jai Shri Krishna!

Childhood is about innocence and playfulness. Cherish it! I wish you all a happy children's day and let your dreams soar high, your curiosity to know no bounds and your hearts to be filled with happiness. I also wanted to encourage you to approach your studies with a growth mindset. If you develop your abilities through hard work and perseverance, you will come out to be a better version of yourselves.



## Competitions:

- ✓ **Pragati:** Students took part in Pragati hosted by MFSD and two of our students won prize 1st place in Shark Tank.
- ✓ **Jwala:** Our students took part in the competition hosted by Terapanth Vidyalaya and won 1st prize in Channel Surfing and 3rd Prize in Adzap.
- ✓ **Fashion Fiesta:** Students took part in the competition hosted by KAB and won consolation prize.
- ✓ **Shri Geeta Bhawan:** Our students took part and received 1st Prize in Fancy Dress, 3rd prize and a consolation prize in in Bhagavad Geeta Recitation.
- ✓ **Hindi Divas:** Our students won 1st Prize in Adzap in the competition hosted by Kola Saraswati School.
- ✓ **Gandhi Jayanti Mega Drawing:** Our students took part in the competition and one of our students won 2nd Prize in drawing competition.
- ✓ **TN State Karate Championship 2024:** Four of our students took part in TN State Karate Championship.
- ✓ **Manjari Club:** Mrs. Sandhya was invited as Judge for the event "Kavita Lekhan/Paath" in an Intramural Competition organized by M.O.P Vaishnav College.
- ✓ **Sports** Our students took part in various track and field events and won prizes in zonal levels in Carrom, Chess, Shot Put, Javelin Throw, Long Jump, 4x100 mts relay, 100mts running race and Triple Jump.
- ✓ **Rajsthani Association Athletic Meet:** One of our students, won 1st prize in 100 mts running race.

## Mind Fest Educational Exhibition. 2024-25



A two-day Mind Fest Educational Exhibition (8/8/24 - 9/8/24) 2024-25 was organized at SSDV Premises. The inauguration was done in the presence of School Correspondent Shri S.P. Baheti, Principal Smt. Latha, School Treasurer Shri. Sunil Daga, ECA Coordinator Smt. Vandana Bhattad, Smt. Santosh Bisani, Committee Sports Coordinator Shri. Pannalal Bihani, Other Committee Members Ms. Manju Sharda, Mr. Vivek Bomb, Mr. Anil Dalal, Mr. Vivek Bukredi Wala, Mr. Navneet Damani, MFSD Principal Shri. Anant Krishnan, KAB Principal Smt. Meetu Sahadev and PTA President Mr. Shiv Singh. The Judges of this mega expo were Mr. Naresh Kumar (Business Professional) and Mr. Ajit Gautam (CA and Cost Accountant). 1200 Students from 12 Schools in and around Sowcarpet visited this two-day educational exhibition and gained knowledge of creativity and innovation. The objective of this educational exhibition was to showcase the hidden knowledge, skills and talents of the school girls.





# SHAKTHI PUBLIC SCHOOL

Survey No.167/2A, Murakkampattu Village, Tiruttani Taluk, Tiruvallur District, Tamil Nadu - 631 209.  
CBSE: Affiliation No.: CBSE/Aff/1930700 (SL-01871-1617/2016)



**Principal's Line:** At Shakthi Public School, our commitment to fostering both the academic success and holistic development of every student, from Kindergarten to Grade XII, remains unwavering.

Our primary goal is to create a nurturing environment where students not only excel academically but also grow as individuals. We aim to develop resilient, compassionate, and confident young people who are prepared to meet future challenges.

As we begin this new term, I encourage each student to set personal goals and to embrace each learning opportunity with enthusiasm. I also urge our parents to stay actively engaged in their child's education, as your support and encouragement are invaluable to their success.

Together, let's make this term an enriching and inspiring chapter for all our students.



Shri Ashokji @ SPS



Shri Shreemohanji Damani offering pooja



SSDV Team In Thirukuda Festival

**THIRUKUDA IN SPS** - On 6th October 2024 Thirukuda made its way to SPS to pour blessings upon all of us before eventually reaching Tirumala to finish its quest. SPS Chairman Shri Ashokji Mundhra & Correspondent Shri Shreemohanji Damani took initiative for making this happen. Special poojas along with Swami padham turned this religious gathering into an auspicious one.



**BHOOMI POOJA CEREMONY** - The Bhoomi Puja for the construction of our SPS NEW school buildings was performed on the auspicious day of 6th September 2024. The pooja ceremony is a way of showing devotion and gratitude towards the gods and goddesses. It was attended by Honourable SSDV Chairman Shri R.K.Jhaverji, Respected SPS President Shri Ashokji Mundhra, beloved Correspondent Shri Shreemohanji Damani & other Trust members graced this occasion and made this program a memorable one.



SPS STUDENTS WITH THEIR TROPHIES

**STATE LEVEL SILAMBAM TOURNAMENT** - TRS Global School, Tiruttani conducted State level Silambam tournament on 17th August 2024. Students of SPS participated in various categories and received trophies as well as certificates of appreciation. SPS received OVERALL Championship for their best performance.



HAMRISH & BALAJI – 2nd Place



JAGAN & GOWTHAM – 2nd Place



UDHITH & MADHAN – 3rd Place



SHAHANA & SHALINI – 3rd Place

**SV SCIENTIFICA 24** - Sudharsanam Vidhyashram, CBSE School Thiruverkadu Conducted Inter School Science & AI completions on 24th August 2024. Students of Grade 6 to 12 participated in various categories and bagged many prizes.



C.B. SHABITHA – 8TH SAPPHIRE & C.B. SANJAI – 6TH SAPPHIRE

**GRAHAMBELL WORLD RECORD** - C.B. Shabitha from Grade VIII and C.B. Sanjai from Grade VI have achieved a remarkable feat by setting a new Grahambell New World Record. On September 8, 2024, the talented students demonstrated exceptional skill and endurance by rotating a single silambam stick continuously for one hour.

# Atomic Habits

Every new year, in order to bring changes we make resolution to follow and practice certain things but end up dropping it in few days or months.

To change this we can follow Atomic Habits. **What is Atomic Habits?**

**Atomic Habits: Small habits when practiced consistently, lead to significant improvements in our lives:**

How to implement Atomic Habit.

'The Power of Small Wins'.

Select on which point you would like to bring change. Eg. Doing exercise daily.

**Atomic Habit:**

- (i) Start doing 5 pushups every morning for 10 days
- (ii) Increase it 10 pushups for next 7 days.
- (iii) Add skipping .... And so on.

**To improve:**

Celebrate your win.

This will improve your consistency.

You must embrace 'PROGRESS over PERFECTION'

Your GOALS must be Specific

Measurable

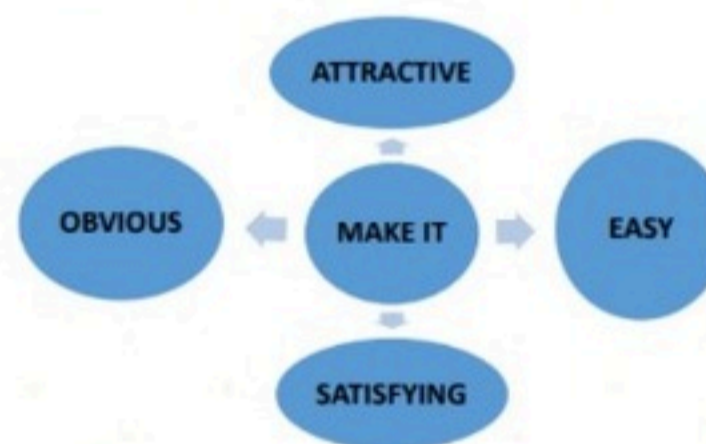
Achievable

Time bound

Eg. If you are weak in a subject, set that as a specific goal, focus on how much you wish to score and fix a time to achieve it.



**To make GOOD HABIT STICK follow 4 rules**



**What can be the speed breakers (obstacles)**

1. Distraction
2. Change of priorities
3. Laziness

**How to overcome**

1. Keep motivated
2. Give priority to your Atomic Habit
3. Be focused
4. Visualize your success

**Be Patient**

The average time taken to make it a habit is 21 days to 66 days

Focus on progress

Stay committed

**"Small habits build upon each other, creates significant outcomes".**



Remember, developing good habits take time and effort. **Your Project** -The most common problem of the present day student is **reducing mobile phone usage**. Let us see how to start with Atomic Habit.

**For this....**

1. Set goal and reason for reducing mobile usage.
2. Identify the most used apps and prioritize reduction.
3. Set mobile free time during studies.

**While doing**

1. Share goals with friends and family.
2. Allow parents to monitor and control understand the consequence of excessive mobile usage.

*Jyoti Kalash*

Here are some famous Indian personalities who exemplify the principles from "Atomic Habits".

### 1. Small habits:

- Ratan Tata (Businessman): Started his day with a 30-minute walk.
- Sachin Tendulkar (Cricketer): Practiced batting for 2 hours every morning.
- Narayana Murty (Infosys Co-Founder): Meditates for 30 minutes daily.



### 2. Consistency Over Intensity:

- Milkha Singh (Athlete): Trained consistently for 10 years to become a world class sprinter .
- M.S. Dhoni (Cricketer): Trained consistently to become one of India's top cricketers.
- Kiran Mazumdar-Shaw (Biocon Founder): Works 12 hours a day, consistently.



### 3. Resilience:

- J.R.D. Tata (Businessman): Overcame multiple setbacks to build Tata Group
- Kalpana Chawla (Astronaut): Faced rejection twice before becoming an astronaut
- Mary Kom (Boxer): Overcame adversity to become a world champion

Here are steps to help you stay away from social media:

- Step 1:** Prepare
1. Identify reasons for quitting/reducing social media
  2. Set specific goals (e.g., reduce usage by 50%)
  3. Choose replacement activities (reading, exercise, hobbies)



- Step 2:** Remove Temptation
1. Delete social media apps from phone/tablet
  2. Uninstall social media extensions on browser
  3. Remove social media shortcuts from homepage



- Step 3:** Block Access
1. Use website blockers (Freedom, Self Control, Cold Turkey)
  2. Set screen time limits (iOS, Android)



### Power of 2 minutes....

Atomic habits - a regular practice or a routine that is not only small and easy to do but a source of incredible power. A revolutionary system to get 1 percent better every day for 1 year will make 37 times better by the time we reach the goal. It's a continuous process, there's no finish line for it.

## Habits can change your beliefs about yourself

1 coin won't make anyone rich  
We need not pressurize ourselves but to be patient  
Adding another and another each day  
gradually sticking to the habit of saving in any circumstances  
Suddenly saving habit seems to be more easier..  
Never break the chain keep the habit streak alive



**Prime Minister Narendra Modi ji success can be attributed to several good atomic habits.**

- Early Rising and Yoga Practice: Modiji is known to wake up early, around 4:00 or 5:00 AM, and practice yoga to maintain his physical and mental well-being
- Disciplined Routine: He follows a strict routine, which includes dedicated time for work, exercise, and relaxation
- Strategic Goal-Setting: focusing on incremental progress rather than overnight success <sup>2</sup>.
- Collaboration and Feedback: He encourages open communication and feedback from his colleagues and experts, fostering a culture of teamwork and continuous improvement
- Focus on Systems Rather Than Goals: Modiji prioritizes building effective systems and processes, recognizing that these lead to long-term success
- Continuous Learning: He emphasizes the importance of lifelong learning, staying updated on various subjects and seeking expertise from others.

James Clear the Author of the Book *Atomic Habits* has inspired millions of people worldwide to improve their habits and lives.

*Jyoti Kalash*

MFSD - Sri. A. Krishna Kumar & Sri. Rajendra Prathap Yadav  
Best Teacher Award - Vels University, Pallavaram

MFSD - Smt. Priya Mary Sujatha  
Best Teacher Award - Menmathi Kovai Tamil Mantram

MFSD - Smt. M. Gandhimathi & Sri. V. Aravind  
Best Teacher Award - Karuna Club

MFSD - Bicycle Distribution -  
Shri. P.K. Sekar Babu Honourable Minister



SSDV - Mrs. Kokila received Best Teacher Award from Sri Kanyaka Parameshwari College



SSDV - Mrs. Vini & Mrs. Amirtham received "Best Teacher Award" from Karuna International for Nobility and Development.



KAB - Fashion Fiesta - Sub Junior Winner



KAB - Fashion Fiesta - Junior Winner



SPS - Correspondent Shri Shreemohanji Damani & Pincipal Yadlo Nagalakshmi received Excellence Award from Eldrock India



SPS - Teachers received Best Achievers Award